

Former Buckeyes Shine At Pro Day



Several former Buckeyes competed in workouts at Ohio State's annual pro day on Tuesday, in front of dozens of NFL coaches, scouts and front office staffers. We have full updates from the event here at BuckeyeSports.com.

- Quarterback Justin Fields ran a 4.44 second 40-yard dash, despite a stumble early in his run. He claimed last week that he would run in the 4.3s at his pro day and nearly hit that mark. His time is in the 98th-percentile for quarterbacks.
- Defensive tackle Tommy Togiai put up a whopping 40 reps of 225 pounds on the bench press, one shy of the NFL combine record. His goal was 50.
- Linebacker Baron Browning ran a 4.53 and a 4.58 in the 40-yard dash.
- Browning put up 23 reps on the bench press. Center Josh Myers did 29 and Justin Hilliard hit 27. Guard Wyatt Davis had a bit of a disappointing showing with 25.
- "I thought he would break 4.4, I know he wanted to, he's so competitive," head coach Ryan Day said of Fields. "But the bottom line is, he's really fast and wants he gets running, really powerful with his legs and you can see that, he made a lot of plays with his legs this season and last season."
- "I think that in something like this, you can't overdo it, it's reps on air and his body of work speaks more than anything else, but at the same time the guys out here want to see what it looks like coming out of his hand," Day said. "He just has to not worry about it, if you miss a throw or two that's okay, life is going to go on, (he just has to) be himself. Him being himself and just throwing and being confident out there is good enough, but everyone likes to see it for themselves. Some people like certain releases and different things and that's their prerogative, Justin just needs to be himself."
- "Baron had a great year this year, I thought that he took some great strides from year three to four," Day said. "He can do a lot of things, he can cover in man, he can cover in zone, he can blitz and he can line up as a defensive end and rush the passer. He's done all of those things and I think the versatility of that is something that NFL teams are really going to value."
- Fields completed all but five passes captured on the Big Ten Network broadcast, two of which

bounced off of his receiver's hands.

- Trey Sermon ran a 4.58 in the 40-time.
- Linebacker Pete Werner ran a 4.52 40-yard time, put up a 39.5-inch vertical leap and a 10'2 in the broad jump.
- Fields' measurements are as follows: Height: 6'026, Weight: 227, Hand: 9 1/8, Arm: 32 4/8, Wingspan: 74 1/8, 10: 1.59 / 1.57, 20: 2.60 / 2.60, 40: 4.4.
- Defensive end Jonathon Cooper spent some time at linebacker in drills.
- "In all honesty, I think I'm different than those guys," Fields said on former Ohio State quarterbacks who struggled at the next level. He said he was a little upset with his 40-time but that he felt he had a solid day.
- "I think my drive, my wanting to me great, my willingness to be great comes from the inside," Fields said. "I try not to pay too much attention to the outside voices."